



KENT MEDICAL FOUNDATION

Holiday Card CAMPAIGN

SHARE YOUR HOLIDAY WISHES

WHILE HELPING THE KENT MEDICAL FOUNDATION RAISE FUNDS TO SUPPORT COMMUNITY PROGRAMS

Contribute to this annual campaign and your name will be listed among other donors who have helped make the annual Holiday Card possible!

CONTRIBUTIONS

Holiday Card Campaign Gifts received by November 28 will be included in the annual Holiday Card, which will be mailed the first week in December. You can contribute in two ways:

CHECK

Please make check payable to Kent Medical Foundation. Complete donor form at right and mail to:

Kent Medical Foundation
233 East Fulton, Suite 222
Grand Rapids, MI 49503



ONLINE VIA PAYPAL

Go to www.kcms.org/kmf or simply scan this QR code.

QUESTIONS?

Please contact the Kent Medical Foundation at 616-458-4157.



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DONOR REGISTRATION

YES! Count me/us in to continue the mission to assist The Kent Medical Foundation in community outreach endeavors and health promotion projects. Please find my/our check enclosed for the following amount (contribution amounts are NOT disclosed on the card):

\$1,000 \$750 \$500 \$250 \$100 \$ _____ Please keep my donation anonymous.

Please print your name(s) below exactly as you would like to be presented on the Holiday Card insert.

Name(s): _____

Address: _____

Email: _____ Phone: _____

Please return to: Kent Medical Foundation | 233 East Fulton, Suite 222 | Grand Rapids, MI 49503

Contributions are tax deductible.





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IN GRATITUDE

THANK YOU DONORS FOR ALLOWING THE KMF BOARD THE
ABILITY TO SUPPORT THE FOLLOWING COMMUNITY PROGRAMS:

NICO TEAM POSTER CONTEST \$3,000 **12th Annual nicoTEAM Poster Art Contest**

In collaboration with the CDV5 Foundation and eleven local schools, middle schoolers participate in the art competition which focuses on prevention education regarding the harmful effects of nicotine products, smoking, vaping and other unhealthy habits. The KCMS/KMF staff and Board Members participated in the Juried Poster Contest and Awards Celebration at the Grand Rapids Art Museum.

CATHERINE'S HEALTH CENTER \$1,000 **Healthy cooking for patient education**

Working in partnership with medical students from Michigan State University College of Human Medicine to expand services to patients educating them on nutrition through helpful cooking demonstrations, guidance for shopping on a budget and incentives to attend training sessions. The KMF Board granted funds to provide demonstration supplies for cooking classes for patients; and patient incentive program.

FITKIDS 360 ON THE MOVE!! \$1,800 **Continuing the wellness journey**

FitKids 360 works with medical students from MSU-CHM to provide a family obesity intervention program that allows medical students to obtain community service hours, facilitate goal setting with patients and monitor healthy behavioral changes. The program also has the involvement

of residents from Spectrum Health and Mercy Health Wege Clinic providing classes on site at their facilities. Graduates of the sessions continue to work with Fit Kids team members to continue their health goals and lifestyle choices. The KMF Board funded participant t-shirts for On the Move!! walks and runs.

GRAND RAPIDS CHILDREN'S MUSEUM \$5,000 **Connor's Friends and sensory processing kits**

The KMF Board sponsored ten sensory processing kits for families visiting the Children's Museum with children who have sensory challenges or are on the autism spectrum. The tool kits include noise reduction headphones, weighted vests and suspenders, fidget bracelets and more. The Museum hosts special evening events specifically for families and children affected by autism. Connor's Friends enjoy specially organized features that are designed especially for all children to feel relaxed and at ease while they play and explore.

EXALTA HEALTH \$2,500 **Improving diabetes and hypertension management**

Support for the Exalta Health community program offering patients courses to better manage their diabetes and hypertension. The courses offer on-site education within close proximity to the patient and increases consistency in attendance.

GENEROUS PHYSICIANS **SUPPORTING NON-PROFITS**

The following physicians were honored in 2018 by the Kent Medical Foundation, for their volunteer commitment with non-profit agencies:

Laurence Burns, DO
Emmanuel Hospice

Sandy Dettmann, MD
In the Image

Paul Farr, MD
Holland Home

John Fox, MD
Boy Scouts of America Michigan Crossroads Council

Evelyn Navarro, MD
Myasthenia Gravis Foundation of Michigan

Christopher C. Sherry, DO
Grand Rapids Children's Museum Block Party

Daniel Shumaker, MD
(Posthumous recognition)
Supporting a new scholarship at Michigan State University College of Human Medicine presented to deserving students pursuing focus on psychiatry, child adolescent psychiatry and behavioral health.

KENT MEDICAL FOUNDATION BOARD OF TRUSTEES

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Deborah Shumaker

Thank You for Your Support

Members of Kent Medical Foundation Board of Trustees realize there is competition for your generosity, and we hope that you will continue to support KMF's mission. Thank you for your consideration.